Oregon Camp Cedarbrook[™] Behavior Guidelines

Oregon Camp CedarbrookTM is committed to serving God, loving people and building skills while appreciating the beauty of God's creation. The cooperation of each member of the camp community is essential for the health, safety, and welfare of everyone.

At Oregon Camp Cedarbrook we:

1. Respect the authority of all camp staff personnel and comply with their directions and instructions.

"Obey your leaders and submit to their authority." Hebrews 13:17

- **2. Respect my fellow campers and their character and possessions.** "Show proper respect to everyone, love the brotherhood of believers." I Peter 2:17
- **3.** Respect and care for the campgrounds, property, equipment, and God's creation.

"And whatever you do in word or deed, do all in the name of the Lord Jesus."

Colossians 3:18a

4. Obey the camp rules and policies recognizing they exist for the health, safety, and protection of all.

"He who obeys instruction guards his life." Proverbs 19:16a

5. Conduct myself in a manner pleasing to the Lord in every aspect of life. "In speech, conduct, love, faith, and purity show yourself an example of those who believe."

I Timothy 4:12b

"Obscene stories, foolish talk, and coarse jokes - these are not for you. Instead, let there be thankfulness to God."

Ephesians 5:4

You are responsible for your behavior and choices, and failure to comply with these guidelines may result in dismissal from camp without refund and with travel arrangements made by the camp director at your expense.

Oregon Camp Cedarbrook[™] General List of Rules

Following these guidelines are will help you have a fun and safe week at camp.

- 1. Respect others and camp. Respect is showing others by my words, attitude, and actions that they are valuable to me and to God.
- 2. Respect our country by standing and participating in our daily flag raising and the retiring of the colors at night. Kneeling, sitting or disrespecting our flag is not allowed.
- 3. Stay with your cabin or activity group, if you go somewhere let your counselor or activity leader know where you are going.
- 4. Abide by all waterfront and waterslide rules and remember you may only enter if a Lifeguard is on duty and the sign says "open".
- 5. Stay within the camp boundaries, you may only go outside the boundaries with a staff member.
- 6. Help take care of God's Creation. Leave plants and flowers alone and enjoy their beauty.
- 7. Admire wildlife (animals) but do not feed or attempt to pet them.
- 8. Put all trash/litter in garbage cans.
- 9. Be watchful, check the gravel road for vehicles, use your flashlight at night and be careful if hiking in the woods with a staff member.
- 10. Take care of your cabin and all camp facilities. We need to treat Camp Morrow with respect. Remember, bunk beds are for sleeping not for acrobatics!
- 11. These items can't be in the cabin at any time; medication, money, food, or electronics (i.e.: cell phones, iPods, mp3 players, PSP or DS games, etc.)
- 12. Abide by the OCC dress code
 - $\circ\,$ Tank tops: 3 of your fingers for strap width, all tops must meet pants when standing.
 - Shorts must be past your fingertips when arms down.
 - Boys may only wear no shirts at waterfront; otherwise they must have a shirt on.
 - When not at waterfront you must have on a shirt/tank top and pants/shorts.
 - Waterfront attire: no bikinis, no stomachs showing for girls, boys- no Speedos.
 - Shoes must be worn at all times.
 - Flip Flops are okay; some activities require closed toed shoes.
 - Any camp staff may ask you to change and you must comply.
 - Swimsuits are to be worn only during water activities and free time.
- 13. If you or another camper becomes sick or injured, tell the nearest adult and then follow their directions, if there is no staff member, take a buddy and report it to the Nurse.
- 14. If you see a stranger in camp (someone without a visitor nametag), report it to your counselor or the nearest staff member immediately.
- 15. Respect others (show them they are valuable) pranks, practical jokes, property damage, threats of violence, physical violence, belittling, name calling or bullying is not allowed at camp and will result in consequences.
- 16. If you hear the emergency bell quickly proceed to flagpole immediately and wait for instructions.

Emergency signal: Continuous ringing bell (Report to Flagpole)